

Adjuvant Medications

1. **Phenothiazine (Prochlorperazine, Chlorpromazine)**
Effective as antiemetic, anxiolytic, & may enhance action of an opioid.
2. **Steroids (Prednisone, Dexamethasone)**
Tumor edema, esp in the brain, acute nerve compression, visceral distention, Inc ICP, soft tissue infiltration, anorexia, mood disorders.
3. **Antihistamines (Hydroxyzine)**
Mild anxiolytic with analgesic effects; relieves symptoms which compound pain such as nausea, insomnia, and anxiety.
4. **Antidepressant (Amitriptyline, Doxepin, Imipramine)**
Specific drug for neuropathic or phantom pain; relieves depression & insomnia.
5. **Neuromodulators (Phentoin, Carbamazopine)**
Specific for neuropathic pain, myoclonic jerks, lancinating pain, tic.
6. **Skeletal muscle relaxant (Diazepam, Clonazepam, Skelexin, Tizanidine)**
Muscle spasm, anxiety, restlessness, myoclonus
7. **Smooth muscle relaxants (Belladonna, Ditropan)**
Intestinal cramping and bladder spasms.
8. **Antibiotics (Preferably oral)**
Acute infection resulting in distressing symptoms.
9. **Butyrophenones (Haloperidol)**
Anxiety with agitation, nausea, delerium
10. **Antiinflammatory (NSAIDs)**
Pain due to bone mets, hypertrophic pulmonary osteoarthritis, soft tissue infiltration, arthritis, post-op pain.
11. **Anxiolytics (Benzodiazapines, midazolam SQ 3-10 mg/24h is highly effective)**
Anxiety r/t pain.
Terminal restlessness
Eliminate treatable causes (untreated pain, constipation, urine retention, air hunger, etc.)
Continued restlessness can be managed with Methotrimeprazine, PO, SL, SQ
Lorazepam, Thorazine, Haldol, SQ Midazolam